



Island Facilities and Resources

ELECTRICITY

The island runs primarily on renewable solar energy. We have one central solar array supplying power to the dormitory rooms, classroom, workshop, and kitchen area. Several cabins have individual solar panels, while other micro grids provide power for our water systems and shower house facilities. We ask for participants to recognize our limited capacity for power generation on the island—please be conscious of your need to charge electronic equipment and limit the use of these devices as much as possible.

SHOWERS

Showers are available for participants, but as with all of our facilities and systems, we must remain conscious of our use of these resources. Water, electricity and, on occasion propane, are all required to produce hot water. Water and electricity are both provided through solar power/photovoltaic panels, but are limited by the amount of sun we receive each day and by our battery bank that is used to store electricity. We will teach you about these systems and ask that you remain conscious of your use of these resources!

BATHROOMS

All of the bathroom facilities on the island are composting toilets. There are several bathroom facilities located close to the various housing facilities on Hurricane Island. Also, there is larger composting toilet facility close to our dining facilities and Lab. Hurricane Island staff will instruct participants in the use of our facilities upon your arrival to the island.

LODGING

Our housing facilities consist of small cabins, large wall tents on platforms, and shared dormitory rooms. Each of these options provide beds and mattresses, but does not include bedding. **Please bring a sleeping bag, pillow, and a sheet (optional). Each participant should bring a headlamp for use in the tents and while traveling on the island after dark.**

MEALS

Our standard mealtimes are 0800, 1230, and 1830. These may be modified to accommodate the specific needs of a program. All participants will be asked to help



in cleanup after meals and at times will help in the preparation of meals.

Please let us know if you or any program participants have dietary restrictions or food allergies so that we can adequately prepare and, in the case of allergies, help ensure your safety.

Clothing and Equipment List

Weather conditions in Maine can be unpredictable and frequent changes in the weather patterns are common, especially on Hurricane, as it is an offshore island. In addition, activities during your program will take place in a variety of different environments and we want to make sure you are ready for all circumstances.

The following list will help you pack and prepare for your program. If you have any questions about the following list, please feel free to contact us.

There will NOT be an opportunity to do laundry during the program, so make sure you bring enough changes of clothing, but also bring only what you need.

FOOTWEAR

- **Sandals that can get wet** (not flip-flops)
- **Rain boots**
- **Running/hiking shoes**

RAIN GEAR

Program activities take place rain or shine, so we want you to be prepared!

- **Rain Jacket**
- **Rain Pants**

TOPS:

- **T-shirts:** Cotton t-shirts are ok, but you may want to bring at least one synthetic (nylon / polypropylene t-shirt) as well - keeps you warm when wet!
- **Long underwear Top:** Please make sure this is synthetic /polypropylene.
- **Wind layer/ Jacket:** Can be a rain jacket or a separate layer which isn't waterproof, but will protect you from the wind (nylon or similar material).
- **Warm Fleece or Wool Sweater:** Be sure to bring at least one warm

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layer for the cooler days and evenings.

BOTTOMS:

- **Long Underwear Bottoms:** Synthetic/polypropylene.
- **Underwear**
- **Pants:** Please bring at least one pair of durable pants that can get dirty
- **Shorts:** These can be cotton or synthetic material.
- **Swimwear**

HEAD, HANDS and FEET:

- **Socks:** Synthetic / wool socks are preferable, but cotton are OK.
- **Sun / Baseball Hat**
- **Fleece or Wool Hat:** Even in the summer it can be chilly!

BEDDING

The following is a list of **necessary** bedding. We will provide a bed and mattress in our facilities.

- **1 Sleeping bag:** Please bring a sleeping bag that is rated to at least 40°F.
- **1 Pillow with pillowcase**
- **1 Sheet** (optional)

OTHER ITEMS

Please make sure to bring all the following items.

- **Headlamp or flashlight:** Headlamps are preferable for hands-free operation as many buildings do not have lighting.
- **Small backpack/daypack:** This will be helpful for hiking around the island.
- **Water bottle**
- **Towel:** Synthetic pack towels are preferable and dry faster than cotton.
- **Watch** (optional)
- **Camera** (optional): Please bring extra batteries or come with the battery fully charged. We encourage you **not** bring your cell phone, so please don't plan to use your phone as your camera during your program.
- **Sunglasses** (optional)

TOILETRIES:

- **Sunscreen**
- **Toothbrush and Toothpaste**

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- **Soap, Shampoo, Conditioner**
- **Glasses/Contacts:** Please bring a second pair of glasses or extra contacts in case of loss or damage.
- **Personal Medications:** Only bring medications which have been prescribed to you.
- **Insect Repellent:** The most effective kind contains DEET, for protection against insects, ticks, etc.
- **Feminine Supplies**

Please do not bring the following!!

We promote a culture on Hurricane that is conducive to a healthy learning environment. One of the benefits of living on an island is the opportunity to disconnect for a little while. We ask that you DO NOT bring the following items during your program.

- Cell Phone
- Electronic Gaming Devices
- iPod/MP3 Players/Electronic readers
- Computer/Laptop/iPad



Safety and Emergency Information

SAFETY/EMERGENCIES

Safety is a primary concern on Hurricane Island and is at the forefront of all of our decision-making. Upon arrival to the Island, all participants will be briefed on all safety policies and procedures.

We have a strong network of resources and support for handling a medical emergency. Although we do not have a formal medical center on the Island, each of our staff and interns have received advanced medical training. The Director of the Center for Science and Leadership is licensed as a Wilderness Emergency Medical Technician (WEMT), and our Program Instructors are trained as either Wilderness First Responders (WFR) or in Wilderness First Aid (WFA).

In the case of an Emergency, we have access to medical services Vinalhaven Island and on the mainland in Rockland at the following locations:

Vinalhaven Community Health Center
15 Medical Center Loop
Vinalhaven, Maine 04863-4119
(207) 863 4341

Pen Bay Medical Center
6 Glen Cove Dr.
Rockland, ME 04856
(207) 921 8000

We do have a separate First Aid room provided for general first aid practices as well as privacy if a participant gets sick during programming. ***A chaperone or teacher from your group will be in charge of dispensing prescribed medications to students.***

If someone needs to get in touch with a student during your program due to an emergency, the Hurricane Island phone number is **207-390-5253**.

This phone line is reserved for emergencies only.