



## Clothing & Equipment List

One important part of preparing to live on an island is ensuring you have the appropriate clothing and gear to feel comfortable, rain or shine, while you participate in the program.

Weather conditions in Maine can be unpredictable and frequent changes in the weather patterns are common, especially on Hurricane as it is an offshore island. In addition, activities during your program will take place in a variety of different outdoor wilderness environments on or around the island. This packing list helps us make sure you are ready for all weather-related circumstances.

**There will NOT be an opportunity to do laundry during the program, so make sure you bring enough changes of clothing, but also bring only what you need. Space on the transport boat to and from Hurricane is limited so we ask participants to carefully pack only one reasonably sized duffel bag, multi-day backpack, or suitcase.**

If you do not have any of these items readily available to you please let us know as we may be able to provide some of them for you. If you have any questions about the following list, please feel free to contact us.

### GENERAL CLOTHING

Cotton is not a good insulating layer and once it is wet it no longer will keep you warm. Synthetic material and wool will keep you warm even when wet.

#### TOPS:

- **T-shirts:** Cotton t-shirts are ok to bring, but you may want to bring at least one synthetic (nylon or polypropylene) t-shirt as well.
- **Long Underwear Top:** Please make sure this is synthetic/polypropylene.
- **Long Sleeve Shirts:** These can be cotton or synthetic.
- **Wind Layer/Jacket:** This can be the same as your rain jacket or a separate layer that isn't waterproof but will still protect you from the wind (nylon or similar material).
- **Warm Fleece or Wool Sweater:** Make sure you bring at least one warm layer for the cooler days and evenings.

#### BOTTOMS:

- **Long-Underwear Bottom:** Should be synthetic or polypropylene.
- **Underwear:** Bring enough for the entire duration of your program.

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- **Pants:** At least one pair of durable pants you don't mind getting a little dirty.
- **Shorts:** These can be cotton or synthetic material.
- **Swimwear**

### FOOTWEAR

Depending on the program activity, staff may ask you to wear certain types of footwear for safety and mobility reasons.

- **Sandals that can get wet** (not flip-flops or shower-shoes)
- **Rain Boots**
- **Sneakers or Hiking Shoes**

### RAINGEAR

Program activities take place rain or shine, so we want you to be prepared, comfortable, warm, and safe in all conditions.

- **Rain Jacket**
- **Rain Pants**

### HEAD, HANDS, and FEET:

- **Socks:** Synthetic socks are preferable, but cotton are OK. Make sure to bring one pair of thick, warm socks.
- **Sun Hat**
- **Fleece or Wool Hat:** Even in the summer, it can be chilly.

### BEDDING

The following is a list of **necessary** bedding. We provide a bed and mattress in our facilities.

- **1 Sleeping bag:** It is essential to bring a sleeping bag rated to at least 40°F.
- **1 Pillow with pillowcase**
- **1 Sheet** (optional)

### OTHER ITEMS

Please make sure to bring all the following items:

- **Headlamp or flashlight:** Headlamps are preferable for hands-free operation as many buildings do not have lighting and the island is dark at night.
- **Small backpack/daypack:** This will be helpful for hiking around the island.
- **Water bottle**

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- **Towel:** Synthetic pack towels are preferable and will dry quicker than cotton.
- **Watch** (optional)
- **Camera** (optional): Please bring extra batteries or come with the battery fully charged. Please **DO NOT** bring your cell phone and do not plan to use your phone as your camera during your program.
- **Sunglasses**

### TOILETRIES:

- **Sunscreen**
- **Toothbrush and Toothpaste**
- **Soap, Shampoo, Conditioner** (if possible, biodegradable camping products)
- **Glasses/Contacts:** Please bring a second pair of glasses or extra contacts in case of loss or damage.
- **Personal Medications:** Only bring medications that have been prescribed to you or over the counter medications that we have permission to administer to you during your program.
- **Insect Repellent:** The most effective kind contains DEET, for protection against insects, ticks, etc.
- **Feminine Supplies**

**We promote a culture on Hurricane that is conducive to a healthy learning environment. One of the benefits of living on an island is the opportunity to disconnect for a little while and this is why we ask that you DO NOT bring the items listed below with you during your program.**

### **Please Do Not Bring the Following!!**

- Cell Phone
- Electronic Gaming Devices
- iPod/MP3 Players/Electronic readers
- Computer/Laptop/iPad
- Similar handheld or laptop screen devices

**If our staff finds any of these items we will:**

- **Confiscate and keep the item secured for the remainder of your program.**
- **Return the item to an adult once we return to the mainland on the last day of your program.**